

***Suggested Basic Emergency Airway/Ventilation/Cardiac/Drug List
for the General Dental Office***

Equipment

- ✓ Basic Life Support (BLS) for Healthcare Provider
- ✓ Portable "e" cylinder of oxygen and regulator
- ✓ Non-rebreathing mask and oxygen reservoir
- ✓ Bag-Valve Mask (BVM) with oxygen reservoir
- ✓ Oral pharyngeal Airways (adult sizes 7 cm, 8cm, 9cm)
- ✓ Magill forceps for foreign body removal
- ✓ Automated External Defibrillator (AED) adhering to AHA 2005 Guidelines

Monitoring Devices

- ✓ Stethoscope and sphygmomanometer with adult small, medium and large cuffs
- ✓ Wall clock with second hand
- ✓ Time Based Sedation Record

For Moderate Sedation Providers

- ✓ Suggested: automated vital signs monitor
- ✓ Mandatory: pulse oximeter

**Note: In any medical emergency, call for help (911)
if the emergency exceeds your comfort level.**

**Suggested Basic Emergency Drugs for the General Dental Office**

Indication	Drug	Action	Administration
Syncope	Aromatic ammonia	Respiratory stimulant	Vaporole crushed and held 4-6 inches under nose
Bronchospasm (Asthma mild)	Albuterol	Selective beta-2 receptor agonist	2-3 inhalations every 1-2 minutes x 3 if needed
<u>Bronchospasm</u> (Asthma severe)	Epinephrine	Alpha and beta receptor agonist (bronchodilator)	EpiPen™ adult & junior Adult 0.3 mg Pediatric 0.15 mg
<u>Bronchospasm</u> (Allergic reaction severe)	Epinephrine	Alpha and beta receptor agonist	EpiPen™ adult & junior Adult 0.3 mg Pediatric 0.15 mg
Hypoglycemia	<u>Conscious:</u> orange juice <u>Unconscious:</u> Oral glucose gel	Anti-hypoglycemic	<u>If conscious:</u> ingest <u>If unconscious:</u> rub gel onto facial gingiva
Angina	Nitroglycerin	Venodilator	<u>Sublingual tablet:</u> 1 every 5 minutes x 3 <u>Lingual spray:</u> 1 spray every 5 minutes x 3
Myocardial Infarction	Aspirin	Antiplatelet	1 full strength (325 mg) chew and swallow

Reversal Drugs for Moderate Sedation

Indication	Drug	Action	Administration
Respiratory Depression due to narcotic	Naloxone (Narcan) (0.4 mg/ mL)	Opioid receptor antagonist	IM/SL 0.4mg (1 mL) q 4-5 minutes IV 0.1 -0.4 mg (0.25 - 1 mL) q 3-5 minutes Maximum = 0.8 mg
Oversedation due to benzodiazepine	Benzodiazepine receptor antagonists Flumazenil (Romazicon) (0.1 mg/mL)	Benzodiazepine receptor antagonists	IV 0.2 mg (2 mL) q 3-5 minutes IM/SL 0.2mg (2 mL) q 4-5 minutes Maximum = 1 mg

Note: Check package inserts on all drugs and medications.